

Youth Discussion Guide

On to the Next One: For the week of July 19 - 25, 2020

Main Thoughts and Scripture:

In our series, "Navigating Change," we've been looking at the story of the Israelites and their journey from slavery in Egypt to freedom in the promised land. On that journey, the Israelites had to learn how to deal with change and this often led to complaining and grumbling. Although the Israelites were no longer slaves in Egypt, they were frustrated with the many changes they had to make. With all that we're experiencing today, many of us can feel like the Israelites, complaining, and grumbling to God because of all the changes we have to make. But God was faithful with the Israelites and is faithful with us today as we leave the past behind, guard the health of our souls, and know that God is preparing us for a breakthrough.

Open up the Bible app or go online and read Exodus 16:1-15.

Discussion Questions:

- What do you think it means to guard the health of our soul?
- In what situations do you find yourself grumbling and complaining to God? What do you think God is trying to teach you in that?
- Share a time you have experienced God's provision. What happened and what did you learn?

Prayer:

- Pray for one another to trust in God to provide and for breakthrough specific changes and challenges.
- Pray for one friend or family member that they too will come to trust in God as their provider as well.