

Youth Discussion Guide

Let Go and Leave Well: For the week of July 12 - 18, 2020

Main Thought and Scripture:

"As Pharaoh approached, the Israelites looked up, and there were the Egyptians, marching after them. They were terrified and cried out to the Lord. ¹¹They said to Moses, 'Was it because there were no graves in Egypt that you brought us to the desert to die? What have you done to us by bringing us out of Egypt?' ¹²Didn't we say to you in Egypt, 'Leave us alone; let us serve the Egyptians'? It would have been better for us to serve the Egyptians than to die in the desert!' ¹³Moses answered the people, 'Do not be afraid. Stand firm and you will see the deliverance the Lord will bring you today. The Egyptians you see today you will never see again.'" (Exodus 14:10-13 NIV)

A ball and chain isn't something anyone would want to drag around on their ankle but that's what happens when we hold onto things we should let go of. With everything that's been happening in our world, the thought of going back to how things were is constantly coming to mind. That may not be a bad thing. But, if we choose to live thinking about the past, we would never move forward, especially into what God is setting up for many of us. Moses from the Bible encouraged the people to look to God—not to going back to their slavery—as the answer to their current situation. They needed to know what was true about God, believe the truth, and live out the truth. For us, we need to do the same so that we can let go and leave well into what God is doing.

Know the Truth.

"To the Jews who had believed him, Jesus said, 'If you hold to my teaching, you are really my disciples. Then you will know the truth, and the truth will set you free.'" (John 8:31-32 NIV)

Believe the Truth.

"Now faith is confidence in what we hope for and assurance about what we do not see." (Hebrew 11:1 NIV)

Live out the Truth.

"As the body without the spirit is dead, so faith without deeds is dead." (James 2:26 NIV)

Discussion Questions:

- What are some old things God has asked you to let go of? What is something new He's asked you to step into? What have you learned through this process?
- Out of the three things (knowing the truth, believing the truth, and living out the truth) which one do you need to work on? Explain.
- What are some practical things you can do to work on what you shared?

Prayer Points:

- Pray that we would continue to trust God in this season.
- Pray that we would let go of what we need to and step into what God is setting up now.