

Youth Discussion Guide

Bible and Prayer: For the week of May 3 - 9, 2020

Main Thought and Scripture:

Just like how a car needs the right type of fuel to function properly, you and I need the right type of fuel so that we can be healthy, and do all the things we need to do in life. This is true for not only our physical bodies, but for our spiritual walks as well. Jesus tells us in Matthew 4 that the fuel that you and I need to be spiritually healthy comes from God's Word (the Bible and prayer). As we consistently and intentionally fill ourselves with God's Word, through reading the Bible and prayer, we'll continue to grow in our relationship with Him, and be empowered to live the type of life He is calling us to.

"... 'No! the Scriptures say, "people do not live on bread alone, but by every word that comes from the mouth of God.'"" (Matthew 4:4 NLT)

"Like newborn babies, you must crave pure spiritual milk so that you will grow into a full experience of salvation. Cry out for this nourishment, now that you have had a taste of the Lord's kindness." (1 Peter 2:2-3 NLT)

Discussion Questions:

- In this season, what is something that God is calling you to do? Think personal and specific. (Example: I believe God is calling me to serve my parents more in this season, and to reach out to my friend).
- What do you currently spend most of your time doing? (Example: Netflix, video games, YouTube, working out, etc.). Is that helping you to do what God is calling you to?
- The way we feed ourselves spiritually—so that we can live God honoring lives—is by reading the Bible and prayer. What's one practical step you can do to fill yourself with more of God's Word?

Prayer Points:

- Pray that God will reveal the next step of His plan for your lives to all of you.
- Pray that God will help all of you fill yourselves with the right things in this season, so that you can follow God's plan.
- Pray for one person who God wants you to share Him with.