

Youth Discussion Guide

Bored in the House: For the week of April 19 - 25, 2020

Main Thought and Scripture:

"For I know the plans I have for you," declares the LORD, 'plans to prosper you and not to harm you, plans to give you hope and a future. ¹²Then you will call on me and come and pray to me, and I will listen to you. ¹³You will seek me and find me when you seek me with all your heart.'" (Jeremiah 29:11-13 NIV)

"Jesus replied: 'Love the Lord your God with all your heart and with all your soul and with all your mind.' ³⁸This is the first and greatest commandment. ³⁹And the second is like it: 'Love your neighbor as yourself.'" (Matthew 22:37-39 NIV)

With the current global pandemic and social distancing, we find ourselves staying at home. If you have any social media, you may have heard the song, "Bored in the house" originally by Curtis Roach. He came up with the beat and lyrics while he was "bored in the house... and in the house bored." This song quickly became a viral anthem for people to make videos of themselves doing all kinds of things. Although the song can be light-hearted and even funny, it doesn't change the fact that many of us are bored at home.

There's two major ways boredom can affect our lives that we can choose between. The first is that boredom can lead us to become lazy and content with doing nothing, into temptation and sin, or filling our lives with temporary satisfaction. The other way is that boredom can lead us to seek purpose and deepen our relationship with God. When we look to scripture for guidance, we see that in the midst of difficulty, God's people were affirmed by God's plans and His promise to be found when we seek him with our whole heart. When we respond to boredom opposite to how the world responds and we use this time to grow in our relationship with God, we give glory to Him and in turn, others around us will see His goodness.

Discussion Questions:

- What stood out to you from the main passages and thought above?
- What have you done in response to the boredom of staying home? What temporary things have you been filling your time with?
- How can you change your perspective and to use this time to seek God and bring Him glory by your response to boredom?

Prayer:

- Pray that each person would choose not to waste this opportunity to grow in relationship with God and bring Him glory.