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Part two of the series, "Navigating Change: How to Journey Through Uncertainty"

Sunday, July 12, 2020 | Pastor Norman Nakanishi

"And the whole congregation of the people of Israel grumbled against Moses and Aaron in the wilderness, ³and the people of Israel said to them, 'Would that we had died by the hand of the Lord in the land of Egypt, when we sat by the meat pots and ate bread to the full, for you have brought us out into this wilderness to kill this whole assembly with hunger.' ⁴Then the Lord said to Moses, 'Behold, I am about to rain bread from heaven for you, and the people shall go out and gather a day's portion every day, that I may test them, whether they will walk in my law or not. ⁵On the sixth day, when they prepare what they bring in, it will be twice as much as they gather daily.' ⁶So Moses and Aaron said to all the people of Israel, 'At evening you shall know that it was the Lord who brought you out of the land of Egypt, ⁷and in the morning you shall see the glory of the Lord, because he has heard your grumbling against the Lord...' (Exodus 16:2-7 ESV)

We must release the natural drift to crave the PAST.

"And the whole congregation of the people of Israel grumbled against Moses and Aaron in the wilderness, and the people of Israel said to them, 'Would that we had died by the hand of the Lord in the land of Egypt, when we sat by the meat pots and ate bread to the full, for you have brought us out into this wilderness to kill this whole assembly with hunger.'" (Exodus 16:2-3 ESV)

Guard the HEALTH of our soul.

"And the whole congregation of the people of Israel grumbled against Moses and Aaron in the wilderness, and the people of Israel said to them, 'Would that we had died by the hand of the Lord...' (Exodus 16:2-3 ESV)

Prepare to experience provision in a DIFFERENT way.

"Then the Lord said to Moses, 'Behold, I am about to rain bread from heaven for you, and the people shall go out and gather a day's portion every day, that I may test them, whether they will walk in my law or not.'" (Exodus 16:4 ESV)

Know that when we feel close to breaking down, God is close to breaking THROUGH.

"And as soon as Aaron spoke to the whole congregation of the people of Israel, they looked toward the wilderness, and behold, the glory of the Lord appeared in the cloud. ¹¹And the Lord said to Moses, ¹²'I have heard the grumbling of the people of Israel. Say to them, "At twilight you shall eat meat, and in the morning you shall be filled with bread. Then you shall know that I am the Lord your God.'" ¹³In the evening quail came up and covered the camp, and in the morning dew lay around the camp. ¹⁴And when the dew had gone up, there was on the face of the wilderness a fine, flake-like thing, fine as frost on the ground. ¹⁵When the people of Israel saw it, they said to one another, 'What is it?' For they did not know what it was. And Moses said to them, 'It is the bread that the Lord has given you to eat.'" (Exodus 16:10-15 ESV)