

# Healthy Perspective

Part four of the series, "Thrive: Spiritual Health in Times of Crisis"

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Sunday, August 23, 2020 | Pastor Tim Ma

## Jesus provides us perspective of this world.

*"I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world." (John 16:33 NIV)*

*"If the world hates you, keep in mind that it hated me first. <sup>19</sup>If you belonged to the world, it would love you as its own. As it is, you do not belong to the world, but I have chosen you out of the world. That is why the world hates you. <sup>20</sup>Remember what I told you: 'A servant is not greater than his master.' If they persecuted me, they will persecute you also. If they obeyed my teaching, they will obey yours also. <sup>21</sup>They will treat you this way because of my name, for they do not know the one who sent me." (John 15:18-21 NIV)*

## Jesus encourages us to keep an eternal perspective.

*"Therefore we do not lose heart. Though outwardly we are wasting away, yet inwardly we are being renewed day by day. <sup>17</sup>For our light and momentary troubles are achieving for us an eternal glory that far outweighs them all. <sup>18</sup>So we fix our eyes not on what is seen, but on what is unseen, since what is seen is temporary, but what is unseen is eternal." (2 Corinthians 4:16-18 NIV)*

*"Set your minds on things above, not on earthly things." (Colossians 3:2 NIV)*

## Eternal rewards await those who persevere.

*"Very truly I tell you, you will weep and mourn while the world rejoices. You will grieve, but your grief will turn to joy. <sup>21</sup>A woman giving birth to a child has pain because her time has come; but when her baby is born she forgets the anguish because of her joy that a child is born into the world. <sup>22</sup>So with you: Now is your time of grief, but I will see you again and you will rejoice, and no one will take away your joy. <sup>23</sup>In that day you will no longer ask me anything..." (John 16:20-23 NIV)*

*"Blessed are you when people hate you, when they exclude you and insult you and reject your name as evil, because of the Son of Man. 'Rejoice in that day and leap for joy, because great is your reward in heaven...'" (Luke 6:22-23 NIV)*