

# A Healthy Perspective

Part four of the series, "Thrive: Spiritual Health in Times of Crisis"

---

**Saturday, August 22 & Sunday, August 23, 2020**

Pastor Norman Nakanishi

## **Crisis and OPPOSITION will come to every believer.**

*"If the world hates you, know that it has hated me before it hated you. <sup>19</sup>If you were of the world, the world would love you as its own; but because you are not of the world, but I chose you out of the world, therefore the world hates you. <sup>20</sup>Remember the word that I said to you: 'A servant is not greater than his master.' If they persecuted me, they will also persecute you. If they kept my word, they will also keep yours. <sup>21</sup>But all these things they will do to you on account of my name, because they do not know him who sent me." (John 15:18-21 ESV)*

## **We persevere and prevail as we embrace an ETERNAL perspective.**

*"When a woman is giving birth, she has sorrow because her hour has come, but when she has delivered the baby, she no longer remembers the anguish, for joy that a human being has been born into the world. So also you have sorrow now, but I will see you again, and your hearts will rejoice, and no one will take your joy from you." (John 16:21-22 ESV)*

*"I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world." (John 16:33 NIV)*

## **Eternal REWARDS are promised for those who persevere.**

*"Then I saw a new heaven and a new earth, for the first heaven and the first earth had passed away, and the sea was no more. <sup>2</sup>And I saw the holy city, new Jerusalem, coming down out of heaven from God, prepared as a bride adorned for her husband. <sup>3</sup>And I heard a loud voice from the throne saying, 'Behold, the dwelling place of God is with man. He will dwell with them, and they will be his people, and God himself will be with them as their God. <sup>4</sup>He will wipe away every tear from their eyes, and death shall be no more, neither shall there be mourning, nor crying, nor pain anymore, for the former things have passed away.' <sup>5</sup>And he who was seated on the throne said, 'Behold, I am making all things new...'" (Revelation 21:1-5 ESV)*

*"Then David said to the Philistine, 'You come to me with a sword and with a spear and with a javelin, but I come to you in the name of the Lord of hosts, the God of the armies of Israel, whom you have defied. <sup>46</sup>This day the Lord will deliver you into my hand, and I will strike you down and cut off your head. And I will give the dead bodies of the host of the Philistines this day to the birds of the air and to the wild beasts of the earth, that all the earth may know that there is a God in Israel, <sup>47</sup>and that all this assembly may know that the Lord saves not with sword and spear. For the battle is the Lord's, and he will give you into our hand.'... <sup>49</sup>And David put his hand in his bag and took out a stone and slung it and struck the Philistine on his forehead. The stone sank into his forehead, and he fell on his face to the ground. <sup>50</sup>So David prevailed over the Philistine with a sling and with a stone, and struck the Philistine and killed him." (1 Samuel 17:45-47, 49-50 ESV)*