



HABITS FOR OUR HOLINESS Leadership Group Guide - February 2024

*“Because we have these promises, dear friends, let us cleanse ourselves from everything that can defile our body or spirit. And let us work toward complete holiness because we fear God.”
(2 Corinthians 7:1 NLT)*

In the series "**Set Apart**," we explored the concept of God's holiness and the call for us as believers to embody this holiness in our lives. But how do we practically cultivate this godly character?

Here are eight habits designed to bring our thoughts, feelings, motivations, and actions into alignment with God:

1. **Prayer and Scripture Reading:** Regularly engaging in prayer and studying the Scriptures deepens our understanding of God and His will for our lives. It's through this communion with Him that we gain insight and direction.
2. **Serving:** Following the example of Jesus, serving others fosters humility and selflessness. When we extend compassion and help to those in need, we reflect the love of Christ in tangible ways.
3. **Fasting:** Fasting involves temporarily abstaining from food to draw closer to God. It intensifies our prayer life and helps us focus on hearing from Him. Fasting is a way to deny ourselves while growing in faith.
4. **Sabbath and Rest:** Sabbath is a gift from God for regular rest and renewal. It's not just about physical relaxation but also emotional and spiritual rejuvenation, maintaining balance in our lives.
5. **Accountability and Transparency:** Being transparent about our struggles and weaknesses opens the door for support and prayer from others. This vulnerability invites God's healing power into our lives and strengthens our relationships with others.
6. **Tithe and Generosity:** Giving our tithe honors God and acknowledges His provision in our lives. Additionally, practicing generosity reflects God's own character and teaches us to trust Him with our resources, prioritizing the needs of others.
7. **Forgiveness:** When we hold on to anger, resentment, and other negative emotions, we create blocks that prevent us from deeply connecting with God and others. Forgiveness is not a feeling, it is a choice. As we've experienced forgiveness from God, we must extend that same forgiveness to others.
8. **Discipling Others:** Discipleship is the process of reaching, establishing, equipping, and training someone to grow in Christ. As we help others grow in their faith, we deepen our understanding of God's love.

Remember, while these habits don't save us, they serve as pathways for salvation to transform every aspect of our lives. As leaders, we recognize that we lead out of the overflow of who we are. Perfection isn't the goal, but rather a continual progression in our journey of faith. Let's strive to live out these practices, allowing God's grace to work in and through us each day.

DISCUSSION QUESTIONS:

- Which of these habits have been impactful in your spiritual growth? Share personal experience and insight.
- Which are the most challenging? How can you take steps to grow in these areas?
- How can you practically reflect God's holiness in your actions, attitudes, and relationships?

PRAYER POINTS:

- Pray for each other's needs and spiritual growth.
- Pray for health and growth in our small groups.
- Pray for upcoming leaders.

ANNOUNCEMENTS:

UPCOMING CLASSES | pearlside.org/classes

We encourage you to go through our classes with your small group members. The sessions have been updated to support you in your journey of discipleship together. Check our website for details regarding the schedule and locations of these classes.

- Growth Track
- Freedom Weekend
- Discipleship Track

UPCOMING TRAININGS & WORKSHOPS | pearlside.org/lifematters

Mark your calendars, in February and March the Towers are coming back! Senior Pastors of Highpoint Church in Florida, Pastor Keith and Jenifer Tower, will be leading our Marriage and Parenting workshops again this year!

Marriage Workshop: YOU + ME + GOD | February 24, 2024

Discover the key components you, your spouse, and God contribute to a flourishing marriage.

Parenting Workshop: CONTENDING FOR YOUR TEENS | March 2, 2024

Get equipped and encouraged to help your teens thrive during this unique stage of life.