

Ride or Die

Part three of the series, "Thrive: Spiritual Health in Times of Crisis"

Friday, August 14, 2020 | Edwin Izumigawa

"When Jesus returned to Capernaum several days later, the news spread quickly that he was back home. ²Soon the house where he was staying was so packed with visitors that there was no more room, even outside the door. While he was preaching God's word to them, ³four men arrived carrying a paralyzed man on a mat. ⁴They couldn't bring him to Jesus because of the crowd, so they dug a hole through the roof above his head. Then they lowered the man on his mat, right down in front of Jesus. ⁵Seeing their faith, Jesus said to the paralyzed man, 'My child, your sins are forgiven.'" (Mark 2:1-5 NLT)

God calls us to have healthy relationships in our lives.

*"We love because He first loved us... And he has given us this command: Those who love God must also love their fellow believers."
(1 John 4:19, 21 NLT)*

Healthy relationships require sacrifice.

"This is my commandment: Love each other in the same way I have loved you. ¹³There is no greater love than to lay down one's life for one's friends. ¹⁴You are my friends if you do what I command... ¹⁷This is my command: Love each other." (John 15:12-14, 17 NLT)

Discussion Questions:

- Who in your life can you count on to be a true brother or sister in Christ? Share a time when they sacrificed to help you in a time of need.
- Who is someone in your life that you can love and serve? What is a practical way you can do that?
- How can you continue to build healthy relationships in Christ? What is something that you need to lay down in order to do that?