

YOUTH Discipleship Guide



"Zero to Hero"

For the week of October 29 - November 4, 2017

Main Thought:

Almost every hero has a strength, but they also have a weakness. Superman is known to have many super powers, including super strength and the power of flight; but he has one major weakness: kryptonite. Like superman, we have a weakness or an area of sin that affects us. But there is one superhero without a weakness, which is Jesus. Through His sacrifice, we can overcome our "kryptonite." As we do so, we can help rescue others from their kryptonite.

Main Passages:

"...None is righteous, no, not one;¹¹ no one understands; no one seeks for God.

*¹²All have turned aside; together they have become worthless; no one does good, not even one." *(Romans 3:10-12 ESV)**

*"For by grace you have been saved through faith. And this is not your own doing; it is the gift of God, not a result of works, so that no one may boast." *(Ephesians 2:8-9 ESV)**

*"For he has rescued us from the dominion of darkness and brought us into the Kingdom of the Son He loves..." *(Colossians 1:13)**

*"What marvelous love the Father has extended to us! Just look at it—we're called children of God! That's who we really are. But that's also why the world doesn't recognize us or take us seriously, because it has no idea who he is or what he's up to.²⁻³ But friends, that's exactly who we are: children of God. And that's only the beginning. Who knows how we'll end up! What we know is that when Christ is openly revealed, we'll see him—and in seeing him, become like him..." *(1 John 3:1-3 MSG)**

(Turn over for continuation...)

Discussion Questions:

- Who is your favorite superhero and why?
- If you could have one super power, what would it be and why?

Higher: Getting Closer to God

- What “kryptonite” (sin) do you struggle with?
- How can you rely on Christ in that area?

Deeper: Applying God's Word in Community

- What kind of strength(s) do you think you have?
(Ex. Prayer, Leadership, Teaching, Encouragement)
- Share a time you used your strength to impact someone’s life.

Wider: Impacting Your World

- Who is one person you can use your gifting to rescue?

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