

Message Notes

THIS IS US

MADE ON PURPOSE FOR A **PURPOSE**

"Relate"

Part two of the series: "This is Us"

Sunday, April 15, 2018 • Pastor Tim Ma

We were made for relationship with God and others.

"It is not good for man to be alone'...²¹So the Lord God caused the man to fall into a deep sleep; and while he was sleeping, he took one of the man's ribs and then closed up the place with flesh. ²²Then the Lord God made a woman from the rib he had taken out of the man, and he brought her to the man. ²³The man said, 'This is now bone of my bones and flesh of my flesh; she shall be called 'woman,' or she was taken out of man.' ²⁴That is why a man leaves his father and mother and is united to his wife, and they become one flesh. ²⁵Adam and his wife were both naked, and they felt no shame." (Genesis 2:18, 21-25)

Shame hinders our relationships by attacking our identity.

"But the Lord God called to the man, 'Where are you?' ¹⁰He answered, 'I heard you in the garden, and I was afraid because I was naked; so I hid.' ¹¹And he said, 'Who told you that you were naked? Have you eaten from the tree that I commanded you not to eat from?'" (Genesis 3:9-11)

"A man with leprosy came to him and begged him on his knees, 'If you are willing, you can make me clean.' ⁴¹Jesus was indignant. He reached out his hand and touched the man. 'I am willing,' he said. 'Be clean!' ⁴²Immediately the leprosy left him and he was cleansed. ⁴³Jesus sent him away at once with a strong warning: ⁴⁴'See that you don't tell this to anyone. But go, show yourself to the priest and offer the sacrifices that Moses commanded for your cleansing, as a testimony to them.' ⁴⁵Instead he went out and began to talk freely, spreading the news. As a result, Jesus could no longer enter a town openly but stayed outside in lonely places. Yet the people still came to him from everywhere." (Mark 1:40-45)

(Turn over for continuation...)

Shame is only healed when we let Jesus cover us and are vulnerable with safe people.

"If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness." (1 John 1:9)

"Therefore confess your sins to each other and pray for each other so that you may be healed..." (James 5:16)

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Grace Bible Church
Pearlside

Loving God, Loving People